

**Supporting Working Caregivers**

Shaping Future Workplaces

Social media messages

* COVID\_19 is impacting #caregiver #mentalhealth <https://www.carerscanada.ca/supporting-working-caregivers/> #mentalhealthsupport
* #COVID\_19 has increased #caregiver anxiety <https://www.carerscanada.ca/supporting-working-caregivers/> #mentalhealthsupport #mentalhealth
* 74% of caregivers feel more burnt out due to #COVID\_19 <https://www.carerscanada.ca/supporting-working-caregivers/> #mentalhealthsupport #mentalhealth
* #Working #caregivers are worried about their careers <https://www.carerscanada.ca/supporting-working-caregivers/> #mentalhealthsupport #mentalhealth #COVID\_19
* #Working #caregivers want their #employer to be more supportive <https://www.carerscanada.ca/supporting-working-caregivers/> #mentalhealthsupport #mentalhealth #COVID\_19
* There is more urgency now for #employers to recognize and support #employee #caregivers <https://www.carerscanada.ca/supporting-working-caregivers/> #act #actnow
* #Employee #caregivers in countries with more government support were less likely to report worsened emotional/mental health during #COVID\_19 <https://www.carerscanada.ca/supporting-working-caregivers/> #act #actnow
* #Employee #caregivers in #Canada reported the 4th highest percentage of worsened financial health, among the G7 and Australia. #COVID\_19 <https://www.carerscanada.ca/supporting-working-caregivers/> #act #atcnow
* #Employee #caregivers in #Canada reported the 2nd highest percentage of worsened physical health among the G7 and Australia. #COVID\_19 <https://www.carerscanada.ca/supporting-working-caregivers/> #act #actnow
* Low uptake by #employee #caregivers of support from governments points to the need for more and better information on how to access support. <https://www.carerscanada.ca/supporting-working-caregivers/> #act #actnow